Thinking Positive

A brighter future for Australian Youth

ANNUAL REPORT 2020

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FROM THE CHAIR

2020 – our second year of operations - has been a year of consolidating and improving our internal and governance processes.

Notwithstanding the impacts of COVID-19 upon families, communities and businesses this year, donations to Thinking Positive increased by more than 450%.

This is a wonderful tribute to the great work being done by our beneficiaries. We look forward to continuing to support them, and supporting other organisations who share the mission of promoting the mental health of young Australians, recognising that their efforts are needed now more than ever.

JAMES DODS

Director/Board Chair

ABOUT US

THINKING POSITIVE A BRIGHTER FUTURE FOR AUSTRALIAN YOUTH is a registered health promotion charity established to promote activities supporting the positive mental health of young Australians.

The Issue

In 2019, the Mission Australia Youth Survey reported that mental health was the top national issue of concern to young people. It also found a close relationship between mental health and other top issues concerning young people: coping with stress, school or study problems, and body image.*

Our vision

Our vision is to expand, support and promote the prevention, control and treatment of mental illnesses in adolescents and young adults in Australia.

We aim to support young people to thrive and be successful by focusing on their wellbeing, helping them create a healthy vision for the future, identifying their natural gifts and talents and strengthening family relationships. We also aim to directly address the lack of help-seeking behaviours of young people in need.

Our mission

Thinking Positive partners with organisations working with schools and individuals across Australia, implementing programs which educate and promote positive mental health in young people, as well as train and empower staff and community members to deliver programs. We raise and collect funds and distribute grants to our endorsed beneficiary organisations.

*Mission Australia Annual Youth Survey Report 2019
https://www.missionaustralia.com.au/what-we-do/research-impact-policy-advocacy/youth-survey

MEET THE TEAM

James Dods - Director/Board Chair

James has been a well- known member of the Byron Shire local and business communities for over 25 years, serving as a board member and director of a range of Schools and not for profit organisations during this time.

Recently retired following 5 years as Board Chair of the Cape Byron Rudolf Steiner School, James has also served as Chair/Board member and a co-founder of Uplifting Australia, a registered harm prevention charity dedicated to strengthening the emotional resilience and wellbeing of children and families.

Dr Marc Cohen - Director

Marc is a medical doctor, university professor and wellness trailblazer who has spent more than 30 years practicing and researching holistic health.

Marc has published more than 100 peer-reviewed scientific papers and many books and technical texts on wellness and natural medicine, including the illustrated children's book "The Beautiful Mare and "The Boy Who Gave Thanks". He is the Founder of the Extreme Wellness Institute and Co-Founder of the Bathe the World Foundation.

Jack Dods - Director

Jack is a design professional specialising in architecture and urban design. Having studied at the University of Sydney and Columbia University in New York, he now practices in his home town of Byron Bay. Jack is a member of a number of Byron Shire Council advisory groups, where he helps to ensure public spaces are designed to accommodate the needs of local youth.

Jack has had a long involvement with Rites of Passage work, both as a participant as a boy and then as a young man and mentor to other boys during programs. He is especially passionate about the effects of father absence on our society, and sees modern Rites of Passage work as a crucial component in ensuring we develop strong, connected, sustainable communities.

Suzy Tieman - Company Secretary

With 30 years' experience across social venture, educational, legal and IT support roles, Suzy is well known to the local business & NFP community.

Suzy held a 10-year Board Directorship with an independent K-8 school until 2011 and was Administration Team Leader with national harm prevention charity Pathways Foundation (2006-09). Following nine years as Operations Manager with an IT Managed Services provider, Suzy was Operations Coordinator with Uplifting Australia (2018-20). She recently launched her VA business specialising in NFP and SME support.

HIGHLIGHTS

Our revenue grew in excess of $112,000 – 4.5 times 2019FY revenue

We engaged a Donations Manager/Company Secretary

We provided grants to the following beneficiaries:

RADIANT WOMAN

A Sydney based mother and daughter have been enabled to participate in Radiant Woman's Rites of Passage program in northern NSW. Previously scheduled for earlier in 2020 but postponed due to COVID-19, the program is now scheduled to run in November 2020.

Two older daughters have already participated in the Radiant Woman program and it is wonderful to have been able to extend support to this single parent family to ensure the youngest will not miss out on this important, once in a lifetime event.

THE RITES OF PASSAGE INSTITUTE

ROPI has been enabled to continue to deliver life changing, contemporary Rites of Passage programs to young people.

Prior to the COVID-19 lockdown, in 2020 ROPI worked directly with 7000 students, staff and parents in schools across Australia, expanded its Making of Men, Young Warrior, Mother and Son, and Father and Daughter camps, grew its Indigenous Program with the Butchulla Mob in QLD, delivered its first Future Legends Mentoring program for disengaged youth in Albury NSW and trained 374 future leaders in its Rites of Passage framework.

Like so many other organisations, ROPI saw a vast reduction in the number of face to face programs being delivered in 2020. They pivoted to provide a large amount of free content via webinars and its social media channels to support families during the lockdown. ROPI also launched their first E-course, Parents & Children Growing Together, which incorporates elements of the Rites of Passage framework into an online platform.

FINANCIAL SNAPSHOT 2019-20

Profit and Loss Statement at 30 June 2020

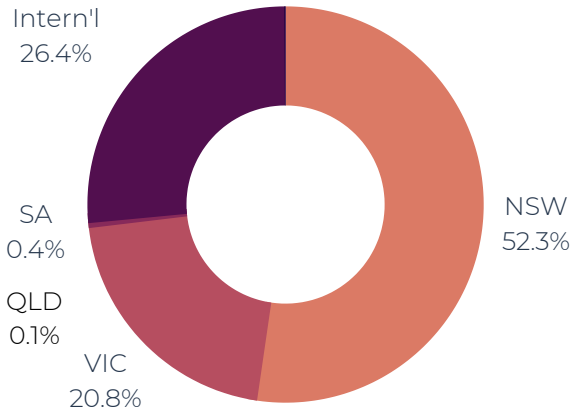
INCOME	30-Jun-20	30-Jun-19
Admin Fee Received	-	295
Donations Received	112,361	20,310
Total Income	**112,361**	**20,605**
Gross Profit	**112,361**	**20,605**
LESS OPERATING EXPENSES		
Admin	1,330	-
Bank Fees	4	-
Grants Paid	117,978	9,995
Insurance	1,177	-
Legal Expenses	333	-
Office Expenses	-	25
PayPal Fees	6	36
Software and Licenses	714	50
Website & Hosting	139	-
Total Operating Expenses	**121,683**	**10,106**
Net Profit	**(9,322)**	**10,499**

Balance Sheet at 30 June 2020

CURRENT ASSETS	30-Jun-20	30-Jun-19
AUD PayPal	-	1
Bank (TP Expenses Account)	715	-
Bank (TP Gift Fund)	462	10,498
Total Bank	1,177	10,499
Total Assets	**1,177**	**10,499**
EQUITY		
Current Year Earnings	-9,322	10,499
Retained Earnings	10,499	-
Total Equity	**1,177**	**10,499**

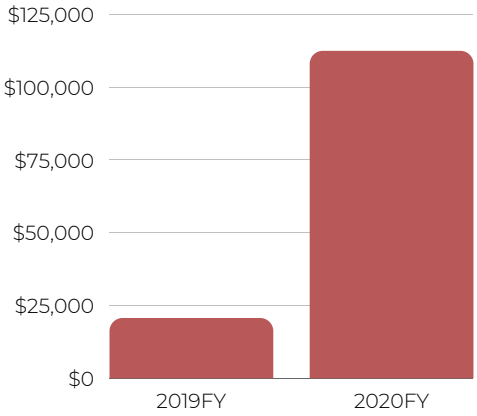
WHERE ARE OUR DONORS?

AUS: 73.6% O/S: 26.4%



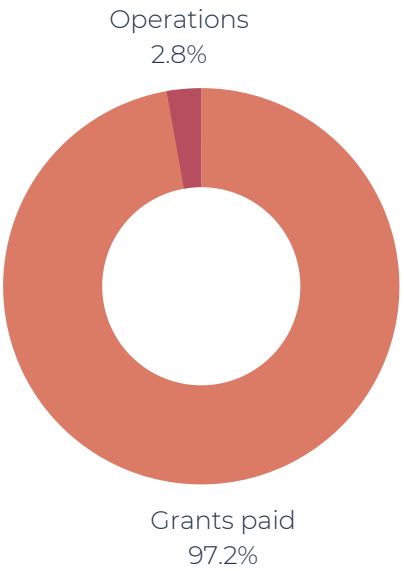
HOW DID GIVING INCREASE?

2019FY to 2020FY



HOW WERE DONATIONS USED?

97% of donated funds were distributed to our beneficiaries



WHAT WERE OUR COSTS?

3 cents in every dollar covers all operational costs

ENDORSED ORGANISATIONS

We are proud to endorse these great organisations:

THE RITES OF PASSAGE INSTITUTE

Radiant Woman
A MOTHER DAUGHTER RITE OF PASSAGE RETREAT

RITES TOGETHER

FLOURISH girl

ACKNOWLEDGMENTS

Donors & Supporters

The vast majority of our donors have participated in programs conducted by our beneficiary organisations.

We extend our very grateful thanks to all our donors and supporters.

The Bet Lev Foundation

We gratefully acknowledge the wonderful generosity of The Bet Lev Foundation for its support over the past two consecutive years.

GET INVOLVED

Contact us

admin@thinking-positive.org
PO Box 308, Byron Bay NSW 2481

Visit our website

https://www.thinking-positive.org/

Donate:

Thinking Positive a Brighter Future for Australian Youth Ltd
BSB: 082729
ACC: 886293702